



ALLERGY AND ANAPHYLACTIC POLICY.

Creative Kidz recognizes the potentially serious consequences of children with allergies. These allergies may include a condition known as anaphylaxis. Anaphylaxis is a severe, potentially life-threatening allergic reaction brought about by exposure to certain foods or other substances, *the nine priority food allergens to trigger an anaphylactic reaction are peanut and peanut by-products, such as peanut oil and peanut butter, tree nuts, sesame seeds, milk, eggs, seafood (fish, crustaceans and shellfish), wheat, soy, and sulphites (a food additive)*” Tree nuts are defined as walnuts, almonds, hazelnuts (filberts), Brazil nuts, pecans, cashews, pistachio nuts, pine nuts (pignolias) and macadamia nuts. Non-food items such as latex and bee stings can also bring about a life threatening reaction.

Creative Kidz does not purport to be, nor can it be deemed to be free of food items and non-food items that may lead to a severe allergic or anaphylactic reaction. We will make every reasonable effort to reduce the risk to children with severe allergies or anaphylaxis in accordance with this policy.

We live in a world that is contaminated with potential allergens and anaphylactic children; we must learn to avoid specific triggers. While the key responsibility lies with the anaphylactic individual and his or her family, in the case of a young anaphylactic child, the childcare community must also be aware. Creating an environment that reduces the risk to severely allergic or anaphylactic children requires the co-operation and understanding of all members of the club, including staff, children and parents. In all literature sent home to parents, we request that **NO PEANUT OR TREE NUT PRODUCTS ARE ALLOWED AT THE CLUB AT ANYTIME.**

Identification of Children at Risk:

- It is the responsibility of the Parent and/or the Guardian, herein called the Parent, to inform the club that his or her Child, herein called the Child, has allergies or is anaphylactic or potentially anaphylactic.
- This must be listed on the registration form and they must verbally notify the Manager.
- All staff shall be aware of these children.
- A list of all children with allergies is posted in the kitchen with their picture.
- Parents must provide two (2) recent photos.
- The Parent must complete the *Consent for Emergency Administration of an EpiPen section upon registration*
- On the Child's admission to the club, the supervisor will discuss the Child's allergies with the Parent. The staff will receive a demonstration of EpiPen administration by the Parent.

Availability and Location of EpiPens:

The EpiPen is an auto-injector containing epinephrine (adrenaline). This medicine is an alpha- and beta-receptor stimulant used to treat severe allergic reactions. It may also be used to treat severe allergic reactions that affect breathing.

Parents of an anaphylactic Child must provide an EpiPen to be left at the club.

Because some children are too young to carry their own EpiPen, the EpiPens will be stored in:

Creative Kidz Hamble – The first aid box in the kitchen

Creative Kidz – Netley Abbey – The medical room-Key number 24 from the office.

Creative Kidz-Bishops Waltham –The first aid box in the Office.

EpiPens will be clearly labelled with the Child's name, class, EpiPen expiry dates, and specific allergy.

All staff are made aware of its location.

- Club Staff are trained and ready at all times to administer the EpiPen.
- Children who are no longer allergic, or no longer require an EpiPen, must present a letter of explanation from their doctor or allergist so their name may be removed from the club's allergy lists.

- The supervisor will keep a record of expiry dates which will be kept in the club diary. If the EpiPen has expired, the Parent will be required to supply another by the next session the child will attend.

Parent/carer responsibilities:

1. The child's Parent/carer must supply Creative Kidz with an EpiPen.
2. The Parent/carer must sign the declaration on the registration form to give authorisation to Creative Kidz staff to administer an EpiPen if and when required.
3. We must have a statement from the child's GP or consultant, giving details of the child's condition, treatment required in an emergency situation and authorisation
4. Any EpiPen's sent to Creative Kidz, must be labelled by a registered pharmacist with the name of the medication, the dose, the name of the health care prescriber, the name of the child and date of expiry.
5. The parent/guardian should note the expiration date and provide a new EPIPEN prior to expiration.

Symptoms of an Allergic Reaction

- A person experiencing an allergic reaction may have any of the following symptoms:
- Trouble breathing, speaking or swallowing.
- A drop in blood pressure, rapid heart beat, loss of consciousness.
- Flushed face, hives or a rash, red and itchy skin.
- Swelling of the eyes, face, lips, throat and tongue.
- Anxiousness, distress, faintness, paleness, sense of doom, weakness.
- Cramps, diarrhoea, vomiting.

Treatment Protocol

1. There are no contraindications or hesitation to use an EpiPen (epinephrine) for a potentially life-threatening allergic reaction, time of administration is noted.
2. A staff member stays with the affected child.
3. Another delegated member of staff calls 999 immediately.
4. The manager is informed and contacts the parent immediately after the 999 call.
5. If the parent is not available at any of the contact numbers, the manager will contact the emergency contacts as listed on the registration form.
6. Regardless of the degree of reaction or response to epinephrine, when the child is taken to the hospital, if the child's parent is not able to get to the club by the time the ambulance arrives
7. The supervisor **MUST** go with them.
8. The supervisor will stay with the child at the hospital until the parent arrives.
9. The EpiPen(s) that was/were administered will be taken to the hospital.
10. The supervisor will complete and file an incident form as soon after the incident as possible.